PROGRAMS

All programs meet at the Visitor Center and require reservations unless otherwise noted; phone 415-388-2596.

A Long Hike for a Long Day (6/25)

Celebrate the Summer Solstice with Ken Lavin, Ben Harwood, and Jenie Chang on a strenuous 10-mile round trip hike from Muir Woods to the top of Mt. Tamalpais. Along the way, we'll share stories of the natural and human history of the area.

Antiquities Road Show (8/27)

Celebrate the birthday of the National Park Service with a walk back in time to the park's earliest days. See the redwood forest John Muir and William Kent saw, learn about milestones in conservation history and the remarkable people whose vision saved this area for us to enjoy today. Ranger Mia Monroe leads this moderate 5-mile hike.

Bones, Bones, Bones with Roadkill Nancy (6/18, 7/16, 8/20)

Meet zooarcheologist Nancy Valente and view her collection of bones, skulls, and skins from various animals. A hands-on experience for all ages. Meet on the boardwalk, 100 feet beyond the Entrance Arch. No reservations required. [H]

Fern Walk (8/12)

Join naturalist Robert Mackler on an easy 3-mile walk to identify the ferns of Muir Woods and learn about the life cycle of these primitive plants. Ages 14 and up.

Geology and Climate or why is it sooo cold here in the summer? (7/8)

Join naturalist Robert Mackler on an easy 3-mile walk and learn about plate tectonics, the Franciscan complex, weather patterns in Marin, and how fog is important to sustaining redwoods. Ages 14 and up.

Leaf it to Me (6/17)

Join naturalist Robert Mackler on an easy 3-mile walk and learn the importance of leaf shape, size, color, texture, and position in helping plants adapt to life in Muir Woods. Ages 14 and up.

Muir Beach Bird Walk (6/4, 7/2)

Join the Ong family on an easy 1-mile walk to view birds in coastal, riparian, and lagoon habitats. This activity is suitable for beginning through advanced birders. Families with children 8 and older are also welcome. Meet at Muir Beach parking lot.

Muir Woods by Moonlight (6/11, 7/10, 8/9)

Explore the magic of Muir Woods under a full moon, learning about the secret nightlife of an old-growth redwood forest. Dress for the weather and bring a flashlight. Children under 8 years not advised. 1-1/2 miles round trip, flat and paved.

Muir Woods History Hike (8/19)

Join Evelyn Rose on a leisurely paced 3-mile round trip and learn about the natural and historical events that have shaped Muir Woods from the last ice age to the 21st century.

Muir Woods Nature Hike (8/20)

Join Catherine Ramberg for a moderate 6-mile round trip hike through the ancient redwoods forest and up into the tributary valleys of Redwood Creek.

Along the way, discover the natural beauty of the watershed and learn some historical tidbits.

Summer Solstice Celebration (6/21)

Celebrate the longest day of the year at Muir Beach with storytelling, songs, and a bonfire. Dress warmly and bring a mug for hot drinks. Meet at Muir Beach. No reservations required.

Sunset Hike

(7/8,7/22,8/5,8/19)

Join Ranger Jim MacDonald on a moderately strenuous 5- mile roundtrip hike up the Ben Johnson Trail to the Dipsea Trail where we'll enjoy ocean views and the sunset.

JULY AUGUST JUNE Sunday/6.4 Sunday/7.2 Saturday/8.5 Muir Beach Bird Muir Beach Bird Sunset Hike Walk Walk 6-9pm 9-10:30 am 9-10:30am Wednesday/8.9 Muir Woods by Sunday/6.11 Saturday/7.8 Muir Woods by Geology and Climate Moonlight Moonlight 10am-noon 7:30-9:30 pm 7:30-9:30 pm Saturday/8.12 Twilight Hike Saturday/6.17 Fern Walk 6-9pm Leaf it to me 10am-noon Monday7.10 10 am-noon Saturday/8.19 Muir Woods by Sunday/6.18 Muir Woods History Moonlight Bones, Bones, Bones Hike 9 am-noon 7:30-9:30 pm 10 am-noon Sunday/7.16 Sunset Hike Wednesday/6.21 Bones, Bones, Bones 5:30-8:30pm MUIR BEACH **Summer Solstice** Sunday/8.20 10 am-noon 6-9 pm Bones, Bones, Bones Saturday/7.22 10 am-noon Sunday/6.25 Sunset Hike A Long Hike for a 6-9 pm Muir Woods Nature Long Day Hike 10am-4pm 10 am-1:30 pm Sunday/8.27 Antiquities Road

Show 9 am-noon